

## Some interesting travel-related website addresses:

Name/description	Web address
<ul style="list-style-type: none"> <li>• <b>Fit for Travel</b> - Scottish NHS public travel site for general advice on all aspects of travel and country specific information, including malaria maps</li> </ul>	<a href="http://www.fitfortravel.nhs.uk">www.fitfortravel.nhs.uk</a>
<ul style="list-style-type: none"> <li>• <b>NaTHNaC</b> - National Travel Health Network and Centre England based, with similar information to above</li> </ul>	<a href="http://www.nathnac.org">www.nathnac.org</a>
<ul style="list-style-type: none"> <li>• <b>NHS Choices</b> – look at travel health in the ‘A-Z’ section and also travel health in the ‘Live Well’ section (these are both different). Excellent general website also.</li> </ul>	<a href="http://www.nhs.uk">www.nhs.uk</a>
<ul style="list-style-type: none"> <li>• <b>FCO</b> - Foreign &amp; Commonwealth Office, especially useful for safety and security and specific pages for types of travellers, e.g. gap year, responsible tourism. Also look at ‘Our Publications’</li> </ul>	<a href="https://www.gov.uk/foreign-travel-advice">https://www.gov.uk/foreign-travel-advice</a>
<ul style="list-style-type: none"> <li>• <b>Malaria advice from Public Health England</b> – these is the UK Guidance document for travellers from the UK, interesting to read for in depth knowledge</li> </ul>	<a href="https://www.gov.uk/government/publications/malaria-prevention-guidelines-for-travellers-from-the-uk">https://www.gov.uk/government/publications/malaria-prevention-guidelines-for-travellers-from-the-uk</a>
<ul style="list-style-type: none"> <li>• <b>Sunsmart</b> - is the Cancer research website providing information about skin cancer and sun protection advice</li> </ul>	<a href="http://www.sunsmart.org.uk">www.sunsmart.org.uk</a>
<ul style="list-style-type: none"> <li>• <b>Travel health products</b> to take away with you – these are just a small selection of many resources available. Please note these companies are not being endorsed, the links are merely providing information for examples</li> </ul>	<a href="http://www.lifsystems.co.uk">www.lifsystems.co.uk</a> <a href="http://www.nomadtravel.co.uk">www.nomadtravel.co.uk</a> <a href="http://www.pyramidtravelproducts.co.uk">www.pyramidtravelproducts.co.uk</a> <a href="http://www.safariquip.co.uk">www.safariquip.co.uk</a> <a href="http://www.travelpharm.com">www.travelpharm.com</a>
<ul style="list-style-type: none"> <li>• <b>Medex</b> – Useful advice booklet on ‘travelling at high altitude’</li> </ul>	<a href="http://www.medex.org.uk">www.medex.org.uk</a>
<ul style="list-style-type: none"> <li>• <b>Medic Alert</b><sup>®</sup> - life-saving identification system for individuals with hidden medical conditions and allergies</li> </ul>	<a href="http://www.medicalert.org.uk">www.medicalert.org.uk</a>
<ul style="list-style-type: none"> <li>• <b>Kids Travel Doc</b><sup>™</sup> - a paediatrician’s guide to travel and outdoor recreational activities</li> </ul>	<a href="http://www.kidstraveldoc.com">www.kidstraveldoc.com</a>
<ul style="list-style-type: none"> <li>• <b>Diabetes UK</b> – information specific for those with diabetes who wish to travel – go to ‘Guide to diabetes’ then to the ‘living with diabetes’ section then go to ‘travel’</li> </ul>	<a href="http://www.diabetes.org.uk">www.diabetes.org.uk</a>
<ul style="list-style-type: none"> <li>• <b>Global travel clinic locator</b> from the International Society of Travel Medicine</li> </ul>	<a href="http://www.istm.org">www.istm.org</a>
<ul style="list-style-type: none"> <li>• <b>IAMAT</b> – International Association for Medical Assistance to Travellers (IAMAT)</li> </ul>	<a href="http://www.iamat.org/doctors_clinics.cfm">www.iamat.org/doctors_clinics.cfm</a>
<ul style="list-style-type: none"> <li>• <b>Google translate</b> – Free online translation service</li> </ul>	<a href="http://translate.google.com">http://translate.google.com</a>