

This suggested medical kit for school excursions to Peru has been taken from a publication as referenced below with the kind permission of Professor Marc Shaw

Shaw MTM, Harding E, Leggat PA. Illness and Injury to Students on a School Excursion to Peru. 2014. *Journal of Travel Medicine*. DOI: 10.1111/jtm.12105

Suggested medical kit for school excursions to Peru

Injectable drugs	Oral/inhaled drugs	Dressings and equipment
Adrenaline Metoclopramide Tramadol	<ul style="list-style-type: none"> • Fluconazole • Ondansetron • Loperamide • Norfloxacin • Azithromycin • Antacid • Loratadine • Prednisone • Ibuprofen • Tramadol • Paracetamol • Amoxicillin • Doxycycline • Sodium fusidate • Salbutamol inhaler • Hydrocortisone butyrate cream • Povidone-iodine solution • Oseltamivir 	<ul style="list-style-type: none"> • Steristrips and band-aids • Nonadhesive small and large dressings • Crepe bandages (8 and 12 cm) • Triangular bandage • Tongue depressors • Tampons • Suture kit ×2, with sutures 3'0' and 5'0' • Micropore tape • Small ziplock bags for medications • Vivid marker pen • Gloves* • Scissors • Nontoothed forceps • Mediwipes • Torch and batteries • Stethoscope • Auriscope/ophthalmoscope • Sphygmomanometer

* Nonlatex gloves would be included to help manage latex allergy.