Travel health update

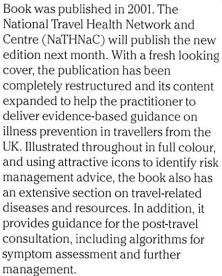
Travel health can be complicated, and advice for health professionals and travellers is ever-changing. In this new, regular feature, Jane Chiodini seeks out and presents the latest travel advice and information to help you to keep your practice up to date. She will also revisit areas of on-going concern, for spot-checks and further clarification

THE NEW YELLOW BOOK

We are all familiar with the Green Book (Immunisation against Infectious

alth Information

Disease) but if you have only recently started practicing travel health, you may not be aware of the 'Yellow Book' (Health Information for Overseas Travel). First published by the Department of Health in 1995, a second edition of the Yellow



NaTHNaC is setting up a web ordering system to enable Yellow Fever Vaccination Centres in England, Wales and Northern Ireland to obtain a copy of the Yellow Book free of charge apart from postage and packaging costs. See

www.nathnac.org for further details. All other practices can obtain one copy each, free of charge, from Sanofi Pasteur MSD; details will be posted on their website at www. spmsd.co.uk. Customers of GlaxoSmithKline will be notified by post about how to obtain a copy from them. The book is published by Communisis (RRP £19.95).

THE 8 WEEKS TO GO CAMPAIGN

GlaxoSmithKline Travel Health has launched a national campaign aiming to educate British travellers about the importance of seeking travel health advice well in advance of their departure date. The initiative has been developed in partnership with ABTA - the Travel Association, Fit for Travel and the Foreign and Commonwealth Office (FCO) Know before You Go travel advice campaign. The website www.8weekstogo.co.uk is an excellent portal to direct travellers to NaTHNaC, Fit for Travel, the FCO and Malaria Hotspots, in addition to providing useful travel advice related documents that can be downloaded.

TRAVAX resources

TRAVAX – The A-Z of healthy travel, is an interactive online database for healthcare professionals that is maintained by the travel health team at Health Protection Scotland at www.TRAVAX.nhs.uk (registration required, charge for NHS users outside Scotland). Availability of the TRAVAX telephone helpline for its database users has changed, and it is now open on weekday afternoons between 2pm and 4pm except on Wednesdays. Posters and leaflets are available to advertise the travel advice resource. Fit for Travel, the sister website to TRAVAX. Downloadable versions can be obtained by going to the TRAVAX 'What's new' page and clicking on the 'fitfortravel' toucan bird icon, then selecting 'Resources'. There is also a link

> email request for paper copies to be sent to you by post free of charge. TRAVAX also

to allow you to submit an

provides an excellent travel advice booklet that includes a useful travel record section. Prices vary from

25p to 40p per copy depending on the quantity ordered.

Jane Chiodini, MSc (Travel Med), RGN, RM, FFTM RCPS (Glasg), travel health specialist nurse, nurse consultant and clinical lead nurse in travel medicine, WHO Collaborating Centre for Travel Medicine & Vaccines and Royal Free Travel Health Centre, London. Jane has 20 years' experience seeing travellers in a primary care setting, and has been training practice nurses in travel health for many years

© 2010 Elsevier Ltd. All rights reserved. Registered office: The Boulevard, Langford Lane, Kidlington, Oxford OX5 1GB. This journal and the individual contributions contained in it are

This journal and the individual contributions contained in it are protected under copyright by Elsevier Ltd, and the following terms and conditions apply to their use:
Photocopying: Single photocopies of single articles may be made for Photocopying: Single photocopies of single articles may be made for Personal use as allowed by national copyright laws. Permission of the Publisher and payment of a fee is required for all other photocopying, including multiple or systematic copying, copying for advertising or promotional purposes, resale, and all forms of document delivery. Special rates are available for educational institutions that wish to make photocopies for non-profit educational classroom use. Permissions may be sought directly from Elsevier Global Rights Department, PO Box 800, Oxford OX5 1DX, UK; Phone: (+44) (0) 1855 84330, fax: (+44) (0) 1865 853333, e-mail: permissions@elsevier.co.uk. You may also contact Global Rights directly through Elsevier's homepage (www.elsevier.nl), by

selecting 'Obtaining Permissions'. In the USA, users may clear permissions and make payments through the Copyright Clearance Center, Inc., 222
Rosewood Drive, Danvers, MA01923, USA; phone: (+1) (978) 7508400, fax:
(+1) (978) 7504744, and in the UK through the Copyright Licensing
Agency Rapid Clearance Service (CLARCS), 9070tenham Court Road,
London W1P 0LP, UK; phone: (+44) (0)2076315555; fax: (+44) (0)207631 5500. Other countries may have a local reprographic rights as

payments.

Derivative Works: Subscribers may reproduce tables of contents or prepare lists of articles including abstracts for internal circulation within their institutions. Permission of the Publisher is required for resale or distribution outside the institution. Permission of the Publisher is required for all other derivative works, including compilations and

ectronic Storage or Usage: Permission of the Publisher is required to store or use electronically any material contained in this journal,

including any article or part of an article. Except as outlined above, no including any article or part of an article. Except as outlined above, no part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without prior written permission of the Publisher. Address permissions requests to: Elsevier Global Rights Department, at the mail, fax and e-mail addresses noted above. Notice: No responsibility is assumed by the Publisher for any injury and/or damage to persons or property as a matter of products liability, negligence or otherwise, or from any use or operation of any methods, products, instructions or ideas contained in the material herein. Because products, instructions or least contained in the material nerelin. Because of rapid advances in the medical sciences, in particular, independent verification of diagnoses and drug dosages should be made. Although all advertising material is expected to conform to ethical (medical) standards, inclusion in this publication does not constitute a guarantee or endorsement of the quality or value of such product or of the claims made by its manufacturer.